



2024  
ILLINOIS EASTERN  
COMMUNITY COLLEGES

# MENTAL HEALTH SUMMIT



**DR. KRISTEN LEE**  
SPEAKER

REGISTRATION



OR CALL 395-7777 EXT 2242



**30 MAY, 2024**

**9:00AM-3:00PM**  
**LUNCH PROVIDED**

**OCC, 305 N West St, Olney, IL**

Please join us for a full day of training to learn evidence-based strategies to promote resilience, prevent burnout, optimize well-being, and adapt to and make change in social work practice, education and community settings. A copy of Dr. Lee's latest book provided to all registered attendees.

**REGISTER BY MAY 16, 2024**

**FREE CEUs**



**FREE PDUs**

Regional Office of Education #12

Clay-Crawford-Jasper-Lawrence-Richland Counties  
Jeremy Brush, Regional Superintendent of Schools

