

PERMISSION TO FEEL

Online Book Study

Facilitated by Roselene Quick

ROE#12 School Services Director

October 9 thru November 4, 2023

\$50 Registration

First 20 registered receive a FREE BOOK!



Marc Brackett has developed the RULER system, a high-impact approach to understanding and mastering emotions, to strengthen mental health and interpersonal relationships that bolsters career performance and workplace success. This book has been deemed a must read for leaders, educators, parents, students, and researchers.

For more info: rquick@roe12.org
Registration: <https://cutt.ly/DSOiuiie>
or use your mobile device:

